

100%

JUICE FROM FRESH APPLES AND BLACK CHOKEBERRY



Black chokeberry has the highest recorded amounts of antioxidants in plants.

These antioxidants provide cell protection and can bind free radicals, which are the cause of many diseases due to the gradual aging of the body.

Effects:

- Prevention against cardiovascular diseases
- Reduces high blood pressure
- Prevention against glaucoma and cataracts
- Strongly supports the immune system
- Prevention against cancer
- Natural antidepressant
- Supports brain function
- Improves memory and concentration
- Improves the course of diabetes
- Scavenges free radicals, removes heavy metals from the body
- Improves skin conditions (eczema, acne, scabies, stretch marks, wound and burn healing)
- Improves skin elasticity (collagen)
- Antiseptic effects
- Antibiotic effects
- Purifies the kidneys and liver
- Supports thyroid function (hormone secretion)
- Weight loss - not specifically an aid to easier weight loss, but rather a strong "health enhancer".

By regularly consuming black chokeberry, you will improve your health and thus avoid a number of diseases.

100 grams of black chokeberry contains:

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|--------------------|------------------------|--------------------|
| - Vitamin C 20 mg | - Iron 0,64 mg | - Potassium 160 mg |
| - Vitamin E 2 mg | - Calcium 32 mg | - Zinc 0,55 mg |
| - Vitamin A 210 UI | - Magnesium 21 mg | - Sodium 1,1 mg |
| - Vitamin K 20 ug | - Phosphorus 20 mg | - Manganese 0,7 mg |
| - Lutein 120 ug | - Beta-carotene 130 ug | - Iodine 400 mg |

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